

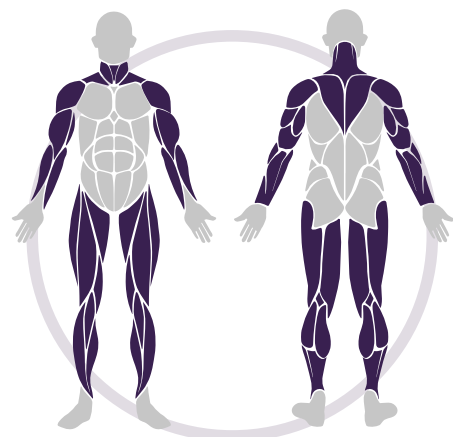
DATA SHEET

TRICEP DIP & LEG CURL

An advanced multifunctional machine combining eight different functions that exercise six different body parts. Upper body functions include an arm curl and bicep extension combination for the front of the upper arm. A change of grip gives a reverse curl and tricep pushdown for the back of the upper arms. An upright row and reverse row for the trapezius and neck muscles is also possible as is a leg extension for the quadriceps and a leg curl for the hamstrings. The leg curl is particularly effective at tightening the gluteal muscles of the hip. Combined functions develop shape and strength in the arms, legs and shoulders, improves posture by working the rhomboidus muscles and improve joint mobility in the shoulders, elbows and knees.

Features include:

- Dual function of upper and lower extremity
- Upright design for easy access and optimum utilisation of Space Power assisted (plug and play installation)
- Choice of 4.3" or 7" touch screen console offering both manual or programme options



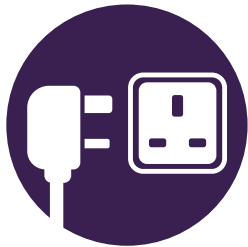
Targeted areas:

Neck, Upper & Lower Arms, Shoulders, Legs, Knees.

Technical Specifications



4.3" touch screen console
offering both manual and
programme options



Power assisted
(plug and play installation)



Dimensions:

W95cm x D120cm x H132cm



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per table

Plug Cable Length: 1.5 metre



Upholstery:

Side Panels: High impact resistant
ABS plastic



Covers:

Flame retardant vinyl and
resistant to bacteria and
moisture EN 1021-&2

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